

Ardingly College

Sports Code of Conduct

This policy applies to:

Coaches, players, officials, parents and spectators

Person responsible for the policy:

Director of Sport

Review dates:

Last review Sept 2025

Next review Sept 2026

1. The Aim of the Code of Conduct

The aim of this Code of Conduct is to provide a set of guiding principles for all persons involved in sport at Ardingly College. This Code of Conduct is applicable to all sporting situations including training and matches.

2. This Code of Conduct is designed to:

- i. Maintain the element of enjoyment in sport;
- ii. Encourage all students to participate in sport in order to promote a healthy lifestyle;
- iii. Improve the confidence, psychological well-being and physical fitness of our students by making sport appealing, safe and enjoyable;
- iv. Keep in perspective that the above mentioned benefits of participating in sport outweigh winning any match;
- v. Protect players, coaches, teachers, referees, umpires and parents from any form of abuse;
- vi. To promote the good reputation of Ardingly College in the wider community.

School Sports Code of Conduct

Our Core Sporting Values

- **Engagement**
- **Compassion**
- **Resilience**
- **Collaboration**

Player Code of Conduct

As a player, I commit to:

1. **Engage Fully**

Participate with enthusiasm, focusing on personal growth and enjoyment.

2. **Show Compassion**

Support teammates and opponents alike, offering encouragement and empathy.

3. **Be Resilient**

Maintain a positive attitude, learning from challenges and setbacks.

4. **Collaborate Effectively**

Work together with teammates, valuing each individual's contribution.

5. **Respect All**

Treat coaches, officials, and peers with courtesy and respect.

6. **Play Fairly**

Adhere to the rules, demonstrating integrity and honesty.

7. **Embrace Learning**

Approach each session and fixture as an opportunity to improve and grow.

Parent Code of Conduct

As a parent or carer, I commit to:

1. **Encourage Engagement**
Support my child's active participation, fostering a love for the sport.
2. **Demonstrate Compassion**
Model kindness and understanding, creating a positive environment.
3. **Promote Resilience**
Encourage my child to persevere through challenges and setbacks.
4. **Foster Collaboration**
Support teamwork, emphasising collective effort over individual achievement.
5. **Respect Boundaries**
Allow coaches to lead, refraining from sideline coaching or criticism.
6. **Applaud Effort**
Celebrate all players' efforts, regardless of the game's outcome.
7. **Maintain Perspective**
Remember that sports are for enjoyment and personal development.
8. **Ensure Well-being**
Provide necessary equipment and ensure my child is fit to participate.

Consequences of Misconduct

Failure to adhere to this Code of Conduct may result in:

- Verbal or written warnings.
 - Temporary or permanent suspension from matches or events.
 - Review by school sports committees or governing bodies.
 - Potential exclusion from the sports programme.
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Coach Code of Conduct

As a coach, I commit to:

1. Engagement

- **Foster Active Participation:** Create an environment where all players are encouraged to engage fully, promoting a love for the sport and personal development.
- **Continuous Learning:** Stay informed about best practices in coaching and child development to enhance the sporting experience for all participants.

2. Compassion

- **Show Empathy:** Recognise and respect the individual needs and emotions of each player, offering support and encouragement.
- **Promote Well-being:** Prioritise the physical and emotional safety of all participants, ensuring a positive and inclusive environment.

3. Resilience

- **Encourage Perseverance:** Help players develop the mental strength to overcome challenges, learn from mistakes, and celebrate progress.
- **Maintain a Positive Attitude:** Model resilience by staying calm and constructive, even in the face of setbacks.

4. Collaboration

- **Work as a Team:** Collaborate with players, parents, and fellow coaches to create a cohesive and supportive sporting community.
 - **Value Each Contribution:** Recognise and appreciate the unique strengths and perspectives of all team members. Ensure positive feedback and set goals for athletes when they are moving between teams.
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Additional Responsibilities

- **Set Clear Expectations:** Establish and communicate behavioural and performance standards to all participants.
- **Be a Positive Role Model:** Demonstrate integrity, respect, and professionalism both on and off the field.
- **Ensure Safety:** Maintain a safe environment by adhering to all relevant health and safety guidelines.
- **Promote Fair Play:** Encourage honesty, fairness, and respect for the rules of the game.
- **Maintain Confidentiality:** Respect the privacy of players and their families, sharing information only when necessary and appropriate.

By embracing these values, we aim to create a supportive and enriching sporting environment for all participants.

Such conduct which falls foul of the principles set out above should be brought to the attention of the Senior Deputy Head and the Director of Sport. Further investigations into the alleged incident will occur and appropriate action will be taken.

Any person who is alleged to have contravened the principles set out in this Code of Conduct will be given the opportunity to present his or her position in relation to the alleged incident to the Senior Deputy Head who will deal with the issue as (s)he sees fit.